



RCN BULLETIN

VOL 3. - ISSUE 13 · OCT 16 - , OCT 30 2008. THIS IS A ROTARY CLUB OF NAIROBI BI-WEEKLY BULLETIN

Rotary Medical Team Volunteers

Rotary Volunteers join forces to reduce slum dwellers' pain.



Dr. Wayne Arnold from Canada and Pamela Selbe from the USA attend to a patient during Rotary volunteer medical mission at Nairobi Mukuru slums.

About 70 volunteers from a dozen countries arrived in Kenya last month to provide preventive health care services to thousands of children in the poorest neighborhoods of Nairobi, a city still recovering from the post-election violence of December and January.

They were stationed at the grounds of Lady of Nazareth and St. Mary's Secondary schools in Mukuru.

The international team included health care professionals and non-medical volunteers from Australia, Brazil, Canada, Denmark, India, Japan, Nigeria, Peru, South Africa, Tanzania, United Kingdom and the United States. They included physicians, dentists, dental assistants, paramedics, registered nurses, optometrists and opticians. About two thirds of the volunteers are members of Rotary clubs.

The project was sponsored by Rotary International and was the largest international mission the club has undertaken. The services and supplies were quantified at KShs.60m. All spectacles and pharmaceuticals were purchased in Nairobi to support the local economy.

On the last day of their work, members of the volunteer medical team asserted that about 90% of the cases they saw, involved ailments and long standing complications that could have been avoided with basic preventive

care, health education and awareness for parents & guardians, using simple, inexpensive interventions.

One child, only a year and half old, had been battling an ear ache and severe pain that come along with it, for more than half his lifetime. The illness was fixed almost immediately with a basic anti-biotic costing a little more than KShs70.

Little Anne Kililo had four teeth pulled out at the same time - half of one nearly completely corroded. Her father said the problem was so severe, she had problems concentrating in school. But after the operation, Anne is much better now.

Dr. Wayne Arnold said the dental team saw about 80 people a day and 600 patients over one week. Over the course of the medical mission, the nurses taught many mothers how regular home made remedies can fix many illness. A simple saline solution of a quarter teaspoon of salt mixed with water for instance, can clear sore throat and severe dry eyes.

After the Medics left, all the supplies left over from the programme were donated to local clinics. Mission organisers will rely on 130 local volunteers for follow-up visits to the area.

- Above report and picture are an extract of an article, which appeared in the 'Nation' on 8th October 2008.

Rotary Month

October 2008 - Rotary "New Generations" Month.

RCN Website

We are on the Web: www.rotarynairobi.org www.rotary9200.org

Attendance Update

M = Thursday Fellowships	
Sep 11th '08	70%
Sep 18th '08	73%
Sep 25th '08	65%
Oct. 2nd '08	58%
Oct. 9th '08	58%
Oct. 16th '08	

Next Meetings...

Thursday, October 16, 23 & 30th, 2008 @ 12.30p.m.
Club Meeting Venue: Laico Regency
All are Welcome.

"Why I am a Rotarian"

"Rotary is Communicating with each other." - Rtn. Christian Knochenhauer



ROTARY CLUB OF NAIROBI

Founded Sept. 11, 1930
Club No. 17261
P.O. Box 41181-00100
Nairobi, Kenya

Our Vision:

To remain the leading Rotary Club in Kenya and beyond, where dynamic members enjoy bringing great benefit to their community.

Our Mission:

To implement high impact service projects in education, in health, with youth and elsewhere, while members enjoy each others' fellowship.

Our values:

- Commitment
- Care
- Humility
- Friendliness
- Trustworthiness
- Responsiveness

Board 2008 - 09:

President: Ashok Shah

Email: president@rotarynairobi.org

Vice President & Club

Administration: Nick Hutchinson

Secretary: Sally Gitoho

Treasurer: Amar Kantaria

President-Elect: Willy Strothman

Immediate Past President:

James Mwangi

Director: Darsi Lotay

Director: Simeon Macharia

Director, Rotary Foundation

/International Service:

Dan Poenaru

Director, Service Committee:

Salim Fazal

Director, Family of Rotary:

Halima Shaiyah

Director, Fund-raising:

Barbara Magoha

Club Secretariat:

Email: secretariat@rotarynairobi.org

www.rotarynairobi.org

The office is run permanently by our **Administrative Assistant**, Rachel Mwikali.

RCN Bulletin Design & Layout:

Rtn. Ken Ruhui

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Contributors:

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Rtn. Christian Knochenhauer

Rachel Mwikali.

Visiting Rotarians - Oct 2nd. 2008

Rtn. Richli Hans, RC St. Gallen Rosenberg Switzerland, Mrs. Anna Mandeva, RC Ndola Mukoba, Zambia, Rtn. Patrick Kain, RC Pretoria East South Africa, Rtn. Mary Anne Eckert, RC Flat irons USA, Rtn. Mamadon Sangare, RC Cocody Ivory Coast and Rtn. Sharon Daishe from RC Forbes Ipomoea Australia.



President Ashok Shah

Guests of Rotarians

Rtn. Rickli Hans guests were Mr. Francis Kago from Kwaho and his son Christian Rickli from St. Gallen – Rosenberg, Rtn. John Konchellah's guest was Mr. Billy Konchellah from A.K, Rtn. Erick Krystal's guests were Marie-Claire Colaman and Rachel Jones from the National Medical Group of volunteers, Rtn. Atia Yahya's guest were Ms. Sheila Mwai, Mr. Francis Kamau and Ms. Peris Melanoi from General Accident Insurance (K) Ltd and Rtn. Nick Hutchinson's guest was Ms. Susan Murabana an Astronomer.

Rotarians welcomed back

Rtn. Terry Davidson, Rtn. Suli Shah, Rtn. Cullazo Giancarlo, Rtn. Simeon Macharia, Rtn. Sejpal Sonal, and Rtn. Valter Donati

Rtn. Terry Davidson was the Sergeant at Arms and raised Kshs. 5350/-

Visiting Rotarians - Oct 9th. 2008

Rotaractor Huma Kaseu from the Rotaract Club of Nairobi Central.

Guests of Rotarians,

VC Sudesh Walia's guest was our guest speaker Dr. Kamath from Arogya Mandir India, Rtn. Vickie Winkler's guests were Ms. Sabina Kamau and Christine Sagini from Heart, Rtn. Michael Fairhead's guest was his spouse Mrs. Geraldine Fairhead and PDG Mohamed Abdullah's guest was Mr. Henry Mugoya from RCC Mathare.

Rotarians welcomed back

Rtn. Iyadi Omurembe, Rtn. Yusuf Keshavjee, Rtn. Gautama Basdev, Rtn. Jessica Kazina, Rtn Dorcas Otieno and Rtn. David Hastie.

Rtn. Omurembe Iyadi was the Sergeant at Arms and raised Kshs 5000/-.

Guest Speaker



Our Guest Speaker last week was Prof. Dr. Seth Kumar (2nd Left), who spoke to us on Ayurveda - Science of Life. Accompanying him was Country Chair Sudesh Walia (Left), President Ashok Shah and Ms. Susan Murabana (Right), Director of Hands on the Universe, Africa.

District Governor pays RCN a Visit.



RCN recently hosted the DG, Kaushik Manek (2nd left), who visited various projects being undertaken by RCN. He later visited us at our weekly lunch meeting. He was accompanied by Asst. DG, Rtn. Ezekiel Wanjama, from the Rotary Club of Nairobi North (left). Also accompanying him is Rtn. Ashok Shah and Rtn. Sasa Mart, who was inducted at the same luncheon. We say, welcome to you all.

Induction



President Ashok conducts the induction of Ms. Susan Murabana (Centre), who was inducted as the newest member of RCN. Rtn. Salim Fazal (right) helps in conducting the induction. Susan is the head of Hands-on Universe Africa, a branch of Global Hands-on Universe, an organization dedicated to promoting science and education using interactive astronomy in classrooms.

Susan possesses a Bachelor of Arts degree in Economics and Sociology from the Catholic University of Eastern Africa and is currently undertaking her post-graduate studies in Astronomy at James Cook University, Australia.

Susan has a passion for science education and the youth as she believes that the youth are the future and education is the key to success. Susan was introduced to the club by James Mwangi. Let's all welcome Susan to the club.

*For Your
Diary...*

Thursday, 16 October 2008

KNCHR

Commissioner Hassan Omar Hassan from the Kenya National Commission on Human Rights (KNCHR) on the State of Human Rights in Post Election Kenya.

Thursday, 23 October 2008

Mutula Kilonzo visits

Subject to confirmation we will have Hon. Mutula Kilonzo Minister Nairobi Metropolitan on the Ministry's plans to revitalise Nairobi.

Thursday, 25 October 2008

Annual Presidents Koroga

President Ashok Shah invites you and your family to the RCN annual koroga. Venue to be communicated later. It will start from 12noon. Please note in your diary.

Thursday, 30 October 2008

Club Assemblies

The second Club Assemblies, where Directors will present progress reports and plans.

Thursday, 6 November 2008

KEBS MD tells us more...

Dr. Kioko Mang'eli, Managing Director of the Kenya Bureaus of Standards (KEBS) will give an overview of KEBS and its activities and also tell us what KEBS is doing to stem the proliferation of substandard and counterfeit goods.

Thursday, 6 November 2008

Hon. Ababu Namwamba will give his perspective on the political, social and economic state of the country plus his prediction on the future of coalition politics in Kenya.

Hope to see all of you at these meetings.

Yours in Rotary,
Atia Yahya
Programme Officer

Fellowship Meeting



Rotarians engaged in conversation during last week's fellowship meeting at Laico Regency. The Guest speaker during the meeting was Prof. Dr. Seth Kumar, who spoke on Ayurveda - 'Science of Life'. The Guest speaker during today's meeting is Commissioner Hassan Omar Hassan from Kenya National Commission on Human Rights (KNCHR).

LET'S KOROGA!

Club President Ashok Shah would like to invite you and your family to the Annual Presidents' Koroga Party to be held on Saturday, 25th October 2008 at 12.00 pm. The venue of the party will be communicated to you soon. Please confirm your attendance with Rachel Mwikali.

Register Now For The Intercity/ Intercountry Conference 2009

Welcome to the 15th Intercity/ Intercountry Conference to be held on February 13th - 14th 2009 at Tropic Inn Hotel, Masaka, Uganda

Conference Highlights:

1. Packed with fun, activities and powerful presenters.
2. A rich Rotary information and experience
3. Enjoy Masaka and its renowned wild hospitality.
4. Be part of the Rotary fraternity and fellowship

5. Play Beach Volley Ball.

For further information, or to book, contact:

- AG John E. Sekaggya, Conference Convenor, E-mail: jesekaggya@yahoo.co.uk
- PAG John Wicliiff Matovu, Conference chair person, E-mail: jwmatovu@yahoo.com
- PP. Margaret Ddembe Conference secretary, E-mail: mddembe@yahoo.com

INVITATION TO THE ROTARY DAY AT THE UN

Rotary members and their guests are invited to attend a landmark Rotary Day at the United Nations on 8 November in New York City, USA. UN Secretary-General Ban Ki-moon is slated to give a special presentation at the annual event.

The meeting, scheduled from 9:30 a.m. to 4:30 p.m. at UN Headquarters, will include presentations and panel discussions addressing key humanitarian issues such as water, health, literacy, and hunger. Registration forms are due 24 October.

In addition to Secretary-General Ban, other key presenters will include UN senior officials, representatives from key non-governmental organizations (NGOs) and Rotary International leaders. The day-long event is sponsored each year by the RI Representatives to the United Nations in New York.

For the fifth consecutive year, there will be a separate youth program for students of high-school age.

For additional information, contact Brad Jenkins, RI Representative to the United Nations in New York, at: bradjenkins@att.net or +1 908-766-4790.

84th Rotary District 9200
Conference & Assembly
May 13-16, 2009
KICC Nairobi, Kenya

Enjoy Early Booking Discounts
Register Now!